



## Your Life Your way



Atria Healthcare has won an Prestigious "Enablement Award" as The Most Outstanding Creator of Comprehensive Wellness Programs in Australia in 2023.

Atria Health Care services is NDIS registered to offer Specialist Support Coordination and Specialist Behavour Support to provide below services.

- 1. Support Coordination
- 2. Assistance in coordinating or managing life stages/transitions and supports,
- 3. Innovative Community Participation,
- 4. Plan Management,
- 5. Assistance with daily life tasks in a group or shared living arrangement,
- 6. Daily Personal Activities,
- 7. Development of daily living and life skills,
- 8. Household tasks,
- 9. Assistance with travel/transport arrangements,
- 10. Community nursing care for high needs,
- 11. Group and Centre Based Activities, Participation in community/social and civic activities

Atria provides care and support to our community people living with various disability provides care and support to adults living with disability

A support coordinator or specialist support coordinator delivers support coordination services.

There are three levels of support coordination that can be included in your plan:

- Support connection This support is to build your ability to connect with informal, community and funded supports enabling you to get the most out of your plan and pursue your goals.
- 2. Support coordination coordination of supports: This support will assist you to build the skills you need to understand and use your plan. A support coordinator will work with you to ensure a mix of supports are used to increase your capacity to maintain relationships, manage service delivery tasks, live more independently and be included in your community.
- 3. Specialist support coordination This is a higher level of support coordination. It is for people whose situations are more complex and who need specialist support. A specialist Support Coordinator will assist you to manage challenges in your support environment and ensuring consistent delivery of service.





You may also wish to focus on a specific goal in your NDIS plan, such as those related to finding suitable home and living supports

Atria Health Care will strive to provide positive behaviour support, working together with the NDIS Quality and Safeguards Commission Behaviour Support team and implementing behaviour support practitioners, to put into effect behaviour support plans designed to meet the individual needs of our participants.

Atria Health Care understands participant behaviours of concern and how they can negatively impact an individual, family members, support services and the community. It's our role to ensure participant behaviour support needs are being appropriately implemented and managed.

Atria Health Care is committed to providing services that:

- Ensure transparency and accountability in the use of restrictive practices
- Recognise restrictive practices shouldn't be used to punish a participant or in response to behaviour that doesn't cause harm to the participant or others
- •> Focus on reducing the intensity, frequency and duration of a participant's behaviour that causes harm, either to the participant or others
- Endeavour to reduce or eliminate the need for restrictive practice.

Atria Health Care was established in 2020/21 with the sole intent of providing high quality services to people with disability, their families and carers.

As an NDIA approved provider, we apply our extensive experience in Australian disability services, and partner with recognised industry leaders, to provide worldwide best practice.

We put people first, tailoring our services to your needs so you can achieve your goals as safely and quickly as possible.

We listen to what you want to achieve then provide the support to help you live the life you want.

We can take care of the day-to-day, time consuming parts of managing and coordinating your Plan and Supports, so you can get on with enjoying your life.

Why should I choose ATRIA HEALTH CARE?

We help take away the worries of managing provider contracts and your NDIS budget. Our Integra services are designed so that you can be confident that your NDIS plan and funds are being managed responsibly, with total transparency, and that you are focusing on the things that matter to you.

Next Step: Select Atria Health Care as your NDIS Support Coordinator

## Call or email us to get started!







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We are nationally registered NDIS Provider